





FRESH FRUIT BOWL 12  
fresh fruit and berries

YOGURT PARFAIT 12 
our house-made granola layered with our fruit compote
and Greek plain yogurt

HOUSE-MADE GRANOLA
WITH FRESH BERRIES 11 
served with strawberries, blueberries and raspberries

KELLOGG'S CEREALS
WITH FRESH BERRIES 5 


THE NEW YORKER 19
Pastrami smoked salmon, cream cheese, tomato,
sliced red onion and capers on a lightly toasted
everything bagel

BUTTERMILK PANCAKES,
BLUEBERRY OR PLAIN 16
served with warm maple syrup

EGGS BENEDICT* 19
poached eggs, Canadian bacon, toasted English muffin
and hollandaise sauce, served with breakfast potatoes


NEW ENGLANDER* 16
two eggs, breakfast potatoes, and toast
choice of: bacon, sausage, turkey sausage

INNKEEPER* 19
two eggs, two pancakes, breakfast potatoes and toast
choice of: bacon, sausage, turkey sausage

BRIOCHE FRENCH TOAST 16 
served with warm maple syrup

OMELETS* 18
egg whites or whole eggs
choice of two fillings: mushrooms, spinach, tomatoes
peppers, onions, ham, bacon, avocado (+\$2.00)
choice of cheese: cheddar, feta, American, goat cheese
served with breakfast potatoes and toast

SPA BREAKFAST WRAP* 15
scrambled egg whites, spinach, avocado and tomato,
served in a whole wheat tortilla with apple pineapple
Pico de Gallo and fresh fruit

 Vegetarian  Gluten-free *Many of our entrees can be made Vegan.
Please ask your server for today's options.*

ACCOMPANIMENTS

One Egg* 5	Coffee / Decaf 4.25
Bacon* 6	Latte 5.25
Sausage* 4	Cappuccino 5.25
Turkey Sausage* 4	Espresso 5.25
Breakfast Potatoes 4	Iced Coffee 6.25
Fresh Fruit 8	Tea / Decaf 4.25
Fresh Berries 8	Herbal Tea 5.25
Bagel 5	Milk / Skim Milk 4.25
Toast 4	Almond Milk 5.25
English Muffin 4	Soy Milk 5.25

FRENCH PRESS COFFEE (12 OZ.) 7.25

Organic & Fair Trade  
*Try our micro roasted & hand-crafted coffee blend.
Our beans are sourced and roasted for us by
Craftsman Cliff Roasters in Norwich, CT.
Please ask your server about today's special blend.*

Guests who have chosen breakfast-inclusive packages will receive one juice, one hot beverage, and choice of one menu item. Charges apply for additional menu selections. Your server will be happy to answer any questions.