

# Juice Bar Food Menu

**Yogurt Parfait . . . . .12**

Greek yogurt, house-made granola, fresh berries

**House Made Granola. . . . . 6**

lightly sweetened and loaded with nuts, rolled oats & dried fruit

**Chobani Greek Yogurt. . . . .4**

Ask server for varieties

**Lemon or Banana Loaf Cake . . . . .4**

a simple slice of coffee cake

**Assorted Chips . . . . . 4**

ask server for varieties

**Assorted Granola and Energy Bars. . . . .4**

ask server for varieties

**Soup du Jour . . . . . 9**

Check with your server for today's selection

**Smashed Avocado and Chips. . . . .17**

avocado, cucumber, tomato, lime and cilantro with house-fried tortilla chips

**Tabbouleh, Baba Ghanoush or Roasted Red Pepper Hummus . . . . .19**

with cucumber, celery, carrots and bell pepper

**Tuna Salad . . . . . 18**

over greens with heirloom tomato and cucumber, a side of White Lemon-Balsamic Vinaigrette

**Herb Roasted Chicken Caesar Salad . . . . .18**

with a side of classic Caesar dressing, croutons and Pecorino-Romano cheese

**Smoked Salmon on Ciabatta. . . . .18**

with tomato and caper-sweet onion cream cheese

**Chicken Salad on Ciabatta. . . . . 18**

with walnuts, cranberries and lettuce

**Tuna Salad on Ciabatta. . . . .17**

with cucumber, lettuce and tomato

**Red Pepper Hummus on Ciabatta. . . . .17**

with cucumber, lettuce and tomato

## Juices and Smoothies....10

### **The Sweet Green**

Green Apple, ginger, celery, cucumber, parsley, lemon and kale

### **The Beet and Green**

Spinach, golden beets, green apple, ginger, celery, cucumber and carrots

### **The Golden Immunity**

Carrot, turmeric, orange, ginger and apple

### **The Great Banana Smoothie**

Banana, vanilla Greek yogurt, honey and ginger

### **The Peanut Butter Smoothie**

Chocolate, peanut butter, banana and almond milk

### **The Mango Mango Smoothie**

Mango, pineapple, vanilla Greek yogurt, banana, honey and ginger

\*Add Protein Powder 4

\*Add Cacao Nibs 4

### **Frozen Yogurt**

Ask your server for today's flavors

**large 12 small 8**

\*"Thoroughly cooking meats, seafood, shellfish, or eggs reduces the risk of foodborne illness."

☞ **Prices are subject to a 21% service charge and applicable CT State Tax** ☞  
**Gratuity is included in the service charge for your convenience.**


# Juice Bar Beverage Menu

## Wines

Zonin Prosecco, CA (187ml bottle) . . . . .	13
Sonoma-Cutrer "simply cutrer" Chard, CA (250ml) 12	
<b>Barefoot Wines (187ml bottle) . . . . .</b>	<b>8</b>
Moscato,	
Pinot Grigio	
Pinot Noir	
Sweet Red	
Rosé	
<b>14 Hands Wines (15 oz. Can) . . . . .</b>	<b>12</b>
Pinot Grigio	
Rosé	
Red Blend	
<b>Wines by the Glass ~ on the lighter side. . . . .</b>	<b>10</b>
Skinny Girl White	
Skinny Girl Red	
<b>Wines by the Glass ~ Low Calorie &amp; Carbs. . . . .</b>	<b>11</b>
2.7 Carbs, 93 calories per glass	
CA Sessions All Day Chardonnay	
CA Sessions All Day Cabernet Sauvignon	
<b>Local Wines by the Glass</b>	
Jonathan Edwards, Stonington, CT	
Chardonnay. . . . .	<b>14</b>
Pinot Gris. . . . .	<b>14</b>
Cabernet Franc. . . . .	<b>15</b>

<b>Organic Wines by the Glass</b>  . . . . .	<b>10</b>
Natura Chardonnay, Chile	
Natura Cabernet, Chile	

## Other Beverages

<b>Almond Milk . . . . .</b>	<b>5.25</b>
<b>Soy Milk. . . . .</b>	<b>5.25</b>
<b>Saratoga Springs Still Water (12 oz.) . . . . .</b>	<b>6.25</b>
<b>Saratoga Springs Sparkling Water (12 oz.) . . . . .</b>	<b>6.25</b>
<b>Assorted Sodas (12 oz.) . . . . .</b>	<b>4.25</b>
<b>Kevita Kombucha</b>  . . . . .	<b>7</b>
<b>Coffee / Decaf Coffee. . . . .</b>	<b>4.25</b>
<b>Hot Tea / Decaf Tea. . . . .</b>	<b>5.25</b>
<b>Herbal Tea . . . . .</b>	<b>5.25</b>
<b>Iced Coffee . . . . .</b>	<b>6.25</b>

**French Press Coffee (12 oz.) . . . . . 7.25**

Organic & Fair Trade



Try our micro roasted & hand-crafted coffee blend.  
Our beans are sourced and roasted for us by  
Craftsman Cliff Roasters in Norwich, CT.

## Specialty Cocktails

<b>Skinny Girl Margarita</b>	<b>10</b>
<b>Dirty Shirley by Black Infusions</b>	<b>12</b>
<b>Aperol Spritz Aperitif</b>	<b>13</b>
<b>Waypoint Spirits "Bees Knees" (local)</b>	<b>13</b>
<b>"Two Chicks" Cocktails</b>	<b>13</b>
<b>355ml, with premium spirits, all-natural fruit &amp; botanicals, gluten-free and vegan friendly:</b>	
Sparkling Paloma (tequila and grapefruit)	
Sparkling Vodka Fizz (vodka, elderflower and pear)	
Sparkling Apple Gimlet (gin, apple and cucumber)	
Sparkling Lemon Strawberry Kiss (vodka, basil)	
Sparkling Vodka Cutea (peach, cucumber tea & thyme)	
<b>"Gaze" Wine Cocktails</b>	<b>13</b>
<b>375ml, 70 calories per serving, no artificial flavors or colors, gluten-free, light and refreshing:</b>	
Coconut Water Moscato Chardonnay	
Green Tea Moscato	
Kombucha Moscato	

<b>"Deep Eddy" Vodka Cocktails</b>	<b>12.50</b>
Deep Eddy Lemon Vodka & Soda	
Deep Eddy Ruby Red Vodka & Soda	

<b>Valley Sparkling Water 16 oz.</b>	<b>13</b>
<b>Infused with 25mg Hemp Extract CBD (THC Free)</b>	
Blueberry & Acai	
Mango Passionfruit	

## Social Organic Sparkling Sake 10

Elderflower Apple
Hibiscus Cucumber
Strawberry Rose
Grapefruit Ginger

## Organic Sangria 12

Eppa Suprafruta White Sangria
Eppa Suprafruta Red Sangria

## Local Beer

Subduction IPA, 16 oz. can, Groton, CT	<b>12</b>
Safe Harbor Blonde Ale, 16oz.can, New London, CT	<b>13.25</b>

## Gluten Free Beer

Omission Pale Ale, Portland, Oregon. . . . .	<b>8.75</b>
Omission Lager, Portland, Oregon . . . . .	<b>8.75</b>

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