


Monday-Friday 8:00am-10:00am, Saturday-Sunday 8:00am-11:00am

FRESH FRUIT BOWL 8  

fresh fruit and berries

YOGURT PARFAIT 9  

our house-made granola layered with our fruit compote and Greek plain yogurt

**HOUSE-MADE GRANOLA
WITH FRESH BERRIES 7** 

served with strawberries, blueberries and raspberries

**BUTTERMILK PANCAKES,
BLUEBERRY OR PLAIN 14**

served with warm maple syrup

EGGS BENEDICT* 16

poached eggs, Canadian bacon, toasted English muffin and hollandaise sauce, served with breakfast potatoes

NEW ENGLANDER* 14 

two eggs, breakfast potatoes, and toast
choice of: bacon, sausage, turkey sausage

INNKEEPER* 15

two eggs, two pancakes, breakfast potatoes and toast
choice of: bacon, sausage, turkey sausage

BRIOCHE FRENCH TOAST 13

served with warm maple syrup

OMELETS* 13 

egg whites or whole eggs
choice of two fillings: mushrooms, spinach, tomatoes
peppers, onions, ham, bacon, avocado
choice of cheese: cheddar, feta, American, goat cheese
served with breakfast potatoes and toast

SPA BREAKFAST WRAP* 13

scrambled egg whites, spinach, avocado and tomato,
served in a whole wheat tortilla with apple pineapple
pico de gallo and fresh fruit



Vegetarian



Gluten-free

*Many of our entrees can be made Vegan.
Please ask your server for today's options.*

**Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness.
Prices are subject to a 20% service charge and applicable CT state tax. Gratuity is included in the service charge for your convenience.*