

# Juice Bar Food Menu

## The Lighter Side

<b>Fresh Fruit Bowl</b> . . . . .	<b>7</b>
<b>Yogurt Parfait</b> . . . . .	<b>7</b>
Greek Yogurt, House-made Granola, Fresh Berries	
<b>House Made Granola</b> . . . . .	<b>4</b>
Lightly Sweetened and loaded with Nuts, Rolled Oats & Dried Fruit	
<b>Roasted Red Pepper Hummus</b> . . . . .	<b>6</b>
Chickpeas, olive oil, garlic, lemon, and tahini Served with bagel chips	
<b>Deep River Potato Chips</b> . . . . .	<b>3</b>
Ask server for varieties	
<b>Chobani Greek Yogurt</b> . . . . .	<b>4</b>
Ask server for varieties	
<b>Kind Plus Protein Bar</b> . . . . .	<b>4</b>
Ask server for varieties	
<b>Frozen Yogurt</b> . . . . .	<b>6</b>
Chocolate or Strawberry	
<b>add Berries</b> . . . . .	<b>2</b>

## Smoothies

<b>Tropical, Turmeric Carrot &amp; Ginger</b> . . . . .	<b>7</b>
Orange, Carrot, Mango, Turmeric, Ginger, Coconut Water, Pinch of Cayenne Pepper and Hemp Seeds	
<b>Coffee Cashew Monkey</b> . . . . .	<b>8</b>
Banana, Dates, Coffee, Cashews, Oats, Cocoa Powder, Cardamom	
<b>The Blueberry Beginning</b> . . . . .	<b>7</b>
Almond Milk, Blueberries, Beet, Mint, Lime, Honey & Chia Seeds	
<b>Spa Fresh</b> . . . . .	<b>7</b>
Banana, Pineapple, Strawberries, Blueberries, Agave Nectar, Yogurt, Pomegranate Juice and Orange Juice	
<b>Cucumber Cooler</b> . . . . .	<b>6</b>
Cucumber, Mint, Fresh Lime Juice	

**\*add 1 Scoop of Protein Powder to any Smoothie. . . . .5**

## Salads and Wraps

<b>Hand Carved Turkey Wrap</b> . . . . .	<b>14</b>
Oven Roasted Turkey Breast, Tomato, Lettuce and Cranberry Yogurt "Mayo"	
<b>Grilled Chicken Caesar Wrap</b> . . . . .	<b>12</b>
Grilled Chicken, Crisp Greens, Croutons, Grated Parmesan Cheese, Classic Caesar Dressing	
<b>Tuna Salad Wrap</b> . . . . .	<b>14</b>
Albacore Tuna, Fat Free Mayo, Chives, Celery, Tomatoes, Baby Arugula	
<b>California Wrap</b> . . . . .	<b>14</b>
Smoked Salmon, Avocado, Tomato, Cucumber, Arugula, Goat Cheese	
<b>Mozzarella Caprese Wrap</b> . . . . .	<b>14</b>
Fresh Mozzarella, Vine Ripened Tomatoes, Basil Pesto (no nuts), Roasted Red Pepper Hummus and Baby Arugula	

<b>Garden Salad</b> . . . . .	<b>10</b>
Crisp Greens, Tomato, Cucumber, Carrot, Onion, Croutons, House Balsamic Vinaigrette	
<b>Grilled Chicken Caesar Salad</b> . . . . .	<b>12</b>
Grilled Chicken, Crisp Greens, Parmesan Cheese, Croutons, Classic Caesar Dressing	
<b>Tuna Salad</b> . . . . .	<b>14</b>
Albacore Tuna, Fat Free Mayo, Celery and Chives, over Baby Arugula with Lemon and Olive Oil	
<b>Mozzarella Caprese Salad</b> . . . . .	<b>14</b>
Fresh Mozzarella, Tomato, Croutons, Baby Arugula, Balsamic Vinaigrette	
<b>Edamame and Black Bean Salad</b> . . . . .	<b>14</b>
Over Crisp Greens with Tortilla Chips	

☞ **Prices are subject to a 19% service charge and applicable CT State Tax** ☞  
**Gratuity is included in the service charge for your convenience.**



# Juice Bar Beverage Menu

## Wines By the Glass

### White

Vista Point Chardonnay. . . . .	7
Mezzacorona Pinot Grigio, Italy. . . . .	9
Kono Sauvignon Blanc, New Zealand . . . . .	10
Willamette Valley Riesling, Oregon . . . . .	10
Jonathan Edwards Chardonnay, Napa Valley . . . . .	15

### Red

Vista Point Merlot. . . . .	7
Vista Point Cabernet Sauvignon. . . . .	7
Mezzacorona Pinot Noir, Italy. . . . .	9
Jonathan Edwards Merlot. . . . .	15
Josh Cabernet Sauvignon. . . . .	10
Alamos Malbec. . . . .	8

### Rose

Minuty, France. . . . .	14
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### Sparkling

Wycliff Champagne, CA . . . . .	9
Zonin Prosecco, CA (187ml bottle) . . . . .	12

## Other Beverages

<b>Almond Milk.</b> . . . . .	4
<b>Soy Milk.</b> . . . . .	4
<b>Chocolate Milk.</b> . . . . .	4
<b>V-8 Fusion Juices</b> . . . . .	4
<i>Ask server for varieties</i>	
<b>Chocolate Milk.</b> . . . . .	4
<b>Saratoga Springs Still Water (12 oz.)</b> . . . . .	4
<b>Saratoga Springs Sparkling Water (12 oz.)</b> . . . . .	4
<b>Assorted Sodas (12 oz.)</b> . . . . .	3
<i>Ask server for varieties</i>	
<b>Pure Leaf Honey Green Tea (18.5 oz.)</b> . . . . .	3.5
<b>Coffee / Decaf Coffee.</b> . . . . .	3
<b>Hot Tea / Decaf Tea / Herbal Tea</b> . . . . .	3
<b>Espresso / Decaf Espresso</b> . . . . .	3

## Individual Serving Wines

### Barefoot Wines (187ml bottle). . . . . 8

Moscato,
Pinot Grigio
Pinot Noir
Sweet Red

### Essentially Geared Wines (15 oz. Can). . . . . 12

Chardonnay
Rose
Red Blend

### Wines by the Glass ~ on the lighter side . . . . . 10

Skinny Girl White
Skinny Girl Red

### Local Wines by the Glass

Jonathan Edwards, Stonington, CT . . . . .	15
Pinot Gris	
Cabernet Franc	

### Organic Wines by the Glass. . . . . 10

Natura Chardonnay, Chile
Natura Cabernet Sauvignon, Chile

## Specialty Cocktails

Mimosa . . . . .	9
Blood Orange Mimosa . . . . .	12
Bellini . . . . .	12
Absolut Peppar Bloody Mary . . . . .	10
Skinny Girl Margarita . . . . .	10
Red Berry Cosmo. . . . .	14

## Organic Sangria

Eppa Suprafruta White Sangria. . . . .	12
Eppa Suprafruta Red Sangria. . . . .	12

## Beer

Safe Harbor Blonde Ale, New London, CT. . . . .	6.25
Amstel Light, Holland . . . . .	6.75

## Gluten Free Beer

Omission Pale Ale, Portland, Oregon. . . . .	7.50
Omission Lager, Portland, Oregon . . . . .	7.50

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